

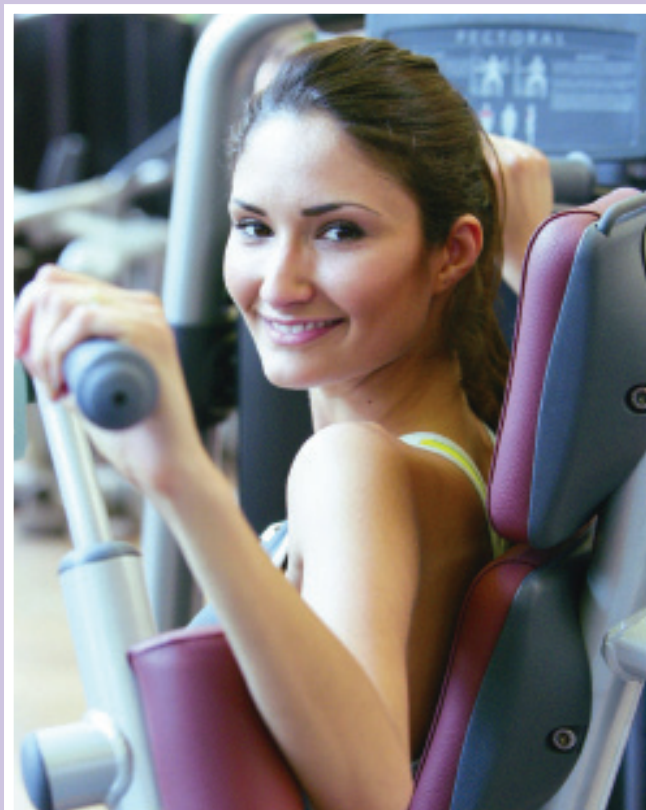


Derby City Council

# b-active gyms and bfit memberships

- Springwood Leisure Centre
- Moorways Sports Centre
- Queen's Leisure Centre

“Let us help you achieve your fitness, health and wellbeing goals.”



fitness + wellbeing



inclusive fitness

## Our b-active gyms

We have gyms in all three of our sports centres. Our gyms are a great place to help you to achieve your fitness and wellbeing goals, whatever your age or fitness level. Our helpful and qualified wellbeing advisors are there to help you to make the most of your time in the gym.

You do not need to be a member to use our gyms - you can pay as you go, or take out one of our great value bfit memberships. If you are new to our gyms, simply book an induction where a wellbeing advisor will work with you to develop the right programme to suit you.



Our Technogym equipment is suitable for both disabled and non disabled people to work out together.

You have to be aged 14 years old and over to use our gyms, and 14 and 15 year olds must be accompanied by an adult. If you want to come on your own, why not come along to one of our new Movement gym sessions which start in February 2012. To find out more, visit [www.themovementderby.co.uk](http://www.themovementderby.co.uk) or pick up a Movement leaflet.

Adult off peak	Standard	£4.95	Concessionary	£3.00	Passport	£4.50	Concessionary Passport	£2.70
Adult peak		£5.70		£3.00		£5.25		£2.70
Active Living Session		-		£3.00		-		£2.70

Concessionary - Full time students, over 60s, unemployed or disabled people.

## Inductions

Inductions are free to new bfit members.

For casual gym users, inductions cost £12.75 (standard), £6.55 (concessionary), £9.90 (Passport), or £4.85 (Concessionary Passport). If you decide to become a bfit member at a later date, you will not be refunded for this induction session.

## Gym opening times

### Moorways Sports Centre

Monday to Thursday	7am to 10pm
Friday	7am to 9pm
Saturday and Sunday	9am to 6pm

### Queen's Leisure Centre

Monday to Thursday	7am to 10pm
Friday	7am to 9pm
Saturday and Sunday	9am to 6pm

### Springwood Leisure Centre

Monday to Thursday	6.30am to 10pm
Friday	6.30am to 9pm
Saturday and Sunday	9am to 6pm

# Be active and stay healthy with our affordable bfit memberships

## Membership options...

Choose from:

- Gym
- Workout or
- Swim

Gym includes:

- the gym at Moorways Sports Centre, Queen's Leisure Centre and Springwood Leisure Centre
- includes free Induction session.

Swim includes:

- all casual swimming sessions at Moorways Swimming Pool and Queen's Leisure Centre.

Workout includes:

- all classes on the group exercise programme at Moorways Sports Centre, Queen's Leisure Centre and Springwood Leisure Centre.
- Spin classes at Moorways Sports Centre and Springwood Leisure Centre.



## Other great benefits...

- You can use your bfit membership card at three Derby City Council sports centres. They are Moorways Sports Complex, Queen's Leisure Centre and Springwood Leisure Centre.
- You can book some activities up to seven days in advance.
- You pay Passport to Leisure prices for all activities that are not included in your bfit membership.
- Your bfit membership card can be used as a deposit for any hired equipment.



# Choose a bfit memberships that's right for you

Choose from...

## 'Just' membership

Choose one option from Gym, Workout or Swim

## 'Mix and Match' membership

Choose two of the following options, Gym, Workout or Swim

## 'Full' membership

Includes Gym, Workout and Swim

Just	Individual	£25.60	Concessionary	£19.20
Mix and Match		£27.20		£20.40
Full		£32.00		£24.00

Bank account details will be required to set up the bfit memberships which will be paid monthly by direct debit.

## Concessionary memberships

Concessionary memberships are available for over 60s, full time students, unemployed and disabled people.

Proof of concessionary entitlement will be required when applying for a concessionary bfit membership and at certain times of the year to ensure continued eligibility for the reduced rate.

## Movement Membership (coming soon)

For young people aged 11 to 16 years. Offers gym, Movement group exercise classes and swimming - paid per session. For more information, pick up a leaflet from our sports centres or contact us.

# Membership terms and conditions

## Payments

1. Your first payment will be by cash, cheque, debit or credit card at reception. This payment will cover your membership from the day you join until the first payment is taken by Direct Debit. Direct Debit payments will be instructed to be taken from your bank account on the 14th of each month, this can take up to three working days.
2. If Derby City Council, or your bank or building society, make a mistake with your Direct Debit payment, you are guaranteed a full and immediate refund from your bank or building society of the amount paid.
3. If you fail to make Direct Debit payments, your membership will be invalid and your bfit membership cancelled.

## Canceling your membership

1. You may cancel your Direct Debit membership at any time by completing a bfit membership cancellation form from your sports centre, emailing [admin.sports@derby.gov.uk](mailto:admin.sports@derby.gov.uk) or by writing to your bank or building society. The sports centre must receive your completed cancellation form or email by the 10th of the month to cancel your membership by the 14th of the same month. Any forms received after the 10th of the month will be effective from the 14th of the following month. Your membership will be valid up to the day before your next due payment. Please return your membership card to your sports centre.
2. Alternatively you can choose to freeze your Direct Debit membership up to a maximum of six months. The minimum period you can freeze your membership is for one month. To freeze your Direct Debit membership you must complete the appropriate section on the bfit membership cancellation form, available from your sports centre or by emailing [admin.sports@derby.gov.uk](mailto:admin.sports@derby.gov.uk). The sports centre must receive your completed form by the 10th of the month to freeze your membership by the 14th of the same month. Any forms received after the 10th of the month will be effective from the 14th of the following month. Your Direct Debit payment will be reduced to £5 a month for the period that you choose to freeze your card.

## Changes to membership benefits and payments

1. We will give you four weeks' notice in writing of any increase in the price of a bfit membership paid for by monthly Direct Debit. You can cancel your bfit membership without penalty if you decide not to continue membership at the new price.
2. We will give advance notice by displaying details at each sports centre of any changes to conditions for use of facilities, such as changes to peak and off-peak hours. You can cancel your bfit membership without penalty if you are not happy with these changes to conditions of use.
3. Our sports centres are normally closed on Christmas Day, Boxing Day and New Year's Day. We usually close our sports centres early on Christmas Eve, New Year's Eve and public holidays. We may also close a sports centre if it is needed for a Parliamentary, European or local government election or for occasional special events. No refunds will be available for these periods. We will display details in advance at each facility of our opening and closing times for these periods.
4. We may need to close a sports centre, or part of it, for repair and maintenance or when it is damaged and is unfit or not safe to use. In these circumstances we will:

- give you as much notice as practicable by displaying notices at the facility
- indicate the nearest alternative facilities available during such period of closure refund a proportionate amount to reflect your losses when we need to close any facility for longer than a week.

## Advance booking

1. We will refund any booking fee you have paid if we take a booking from you for an activity and then it is not available due to circumstances outside your control.
2. You can book for an activity up to seven days in advance. However, you cannot re-book the same activity for the same time the following week until the pre-booked period has finished.
3. You cannot use your bfit membership card to book any activity to other people. You must be taking part in the activity to take advantage of the booking arrangements.

## General conditions

1. You must show your bfit membership card, or use the fast track kiosk at the sports centre or pool reception before you take part in any activity and every time you use the facilities, otherwise we will charge the standard casual rate. Please retain your receipt.
2. Your bfit membership does not give you priority over other users or guarantee the availability of facilities.
3. During un-programmed sessions, children aged under eight must be accompanied by a responsible adult aged 16 or over at all times.
4. If you lose or damage your bfit membership card, we will charge you £1 for replacement.
5. Your bfit membership card must not be used by anyone other than yourself. Any card being used by another person other than the authorised member will result in us cancelling the authorised user's membership.
6. You must comply with Derby City Council's Sports Centres Regulations and Swimming Pool byelaws, rules of behaviour, safety rules and any byelaws relevant to any facility you use. We always display these prominently at each facility. The Council reserves the right to cancel your bfit membership if you do not comply with these rules, regulations or byelaws. We may also cancel your bfit membership if you abuse the scheme, abuse our staff or other users, or interfere with others' use and enjoyment of the facility. Except in the most serious cases, we will tell you if we propose to cancel your membership and give you the chance to comment.
7. If we cancel your bfit membership because you breach these conditions or fail to pay membership charges no further Direct Debit will be taken. No refund will be made for the unexpired portion of the current membership month.
8. All information provided by you will be treated in accordance with the Data Protection Act 1998.
9. If you have any comments about any aspect of our service, either good or bad, please speak to a member of staff, use a comment form available from the sports centre reception, email [admin.sports@derby.gov.uk](mailto:admin.sports@derby.gov.uk) or write directly to the Fitness and Wellbeing Team at 5th Floor Celtic House, Heritage Gate, Friary Street, Derby, DE1 1NL.

We can give you this information in any other way, style or language that will help you access it. Please contact us on 01332 641234, Minicom 01332 256666.

Urdu

01332 256666 یہ معلومات ہم آپ کو کسی دیگر طریقے پر دے سکتے ہیں۔ اگر آپ کو اس کے بارے میں آپ کی مدد کرنے کی ضرورت ہے تو  
01332 641234 پر ہم سے رابطہ کریں۔

Punjabi

ਦਿੱਖ ਜਾਣਕਾਰੀ ਅਸੀਂ ਤੁਹਾਨੂੰ ਦਿੰਦੇ ਹੀ ਢੇਰ ਅੱਡੀਏ ਨਹੀਂ, ਦਿੰਦੇ ਹੀ ਢੇਰ ਢੁੱਪ ਜਾਂ ਢੇਲੀਂ ਢਿੱਚ ਢੇ ਸਕਦੇ ਹਾਂ,  
ਸਿੱਖਸੀ ਢਿੱਲ ਡੱਕ ਖੁੱਚ ਕਰਕੇ ਢਿੱਚ ਤੁਹਾਨੂੰ ਸਹਾਇਤਾ ਕਰ ਸਕਦੀ ਹੋਵੇ। ਢਿੱਲਘ ਕਰਕੇ ਸਭੇ ਨਹੀਂ ਢੈਲੀਏਕ  
01332 641234 ਢਿੱਲੀਘ 01332 256666 ਡੇ ਸੰਘਰਕ ਕਰੋ।

Polish

Aby ułatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacie, stylu lub języku.  
Prosimy o kontakt: 01332 641234 Tel. tekstowy: 01332 256666

Springwood Leisure Centre  
Springwood Drive, Oakwood,  
Derby DE21 2RQ  
Telephone: 01332 664433  
Minicom: 01332 663809

Moorways Sports Complex  
Moor Lane, Allenton, Derby  
DE24 9HY  
Telephone: 01332 642180  
Minicom: 01332 294526

Queen's Leisure Centre  
Cathedral Road, Derby DE1 3PA  
Telephone: 01332 641444  
Minicom: 01332 256666

email: [admin.sports@derby.gov.uk](mailto:admin.sports@derby.gov.uk)  
[www.derby.gov.uk/b-active](http://www.derby.gov.uk/b-active)

# bfit membership application form

Type of membership required (please tick)

Full  (Includes all three options, gym, workout and swim).

Mix 'n' Match  Choose **two** options (please tick)      Gym  Workout  Swim

Just  Choose **one** option (please tick)      Gym  Workout  Swim

**Please tick if you would like a standard or concessionary membership.**

Standard       Concessionary

## Concessionary bfit membership

Proof of concessionary entitlement will be required when applying for a bfit membership and at certain times of the year to ensure continued eligibility for the reduced rate.

Concessionary proof shown \_\_\_\_\_

Payment method for the memberships is by Direct Debit. Direct Debit payment instruction to your bank will be given on the 14th day of each month, this may take up to three working to be taken from your account. To set up your membership the first months payment will be required in cash, and depending on the date in which you take out your membership a further in-trim cash payment will be required to allow time to set up the Direct Debit with your bank. Proof of your bank account, bank sort code and bank address will be required.

## Your details

Dr / Mr / Mrs / Miss / Ms (please circle as appropriate)

First name \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Home telephone \_\_\_\_\_ Mobile \_\_\_\_\_

Email address \_\_\_\_\_

Date of birth \_\_\_\_\_ Male  Female  (please tick)

Do you consider yourself to be a disabled person?    Yes     No  (please tick)

## How did you hear about bfit memberships?

- Poster, where? \_\_\_\_\_
- Advert, where? \_\_\_\_\_
- Leaflet \_\_\_\_\_
- Mail to home \_\_\_\_\_
- Friend or family \_\_\_\_\_
- Social networking sites - for example, Facebook or Twitter \_\_\_\_\_
- Other, how? \_\_\_\_\_

If you want to receive information on events or other activities from Leisure and Culture, please tick one of these boxes.

- By post
- By email
- By text message
- Social networking sites - for example, Facebook or Twitter

The information provided on the front page of this form will be use to contact you by post, email or text.

## Please read and keep the Membership Terms and Conditions



All personal information provided will be treated in confidence and in accordance with the Data Protection Act 1998. It will be used to administer your bfit membership and only shared with other departments within Derby City Council for this purpose.