

Integrated Disabled Children's Service



About us

The Light House is home to the Integrated Disabled Children's Service (IDCS) in Derby.

The IDCS is a multi-disciplinary service aiming to meet some of the needs of children with disabilities and their families. The team works with children and their parent/carers in Derby and some children and families in the south of Derbyshire, aged 0-17 years.

We are committed to ensuring that children and parent/carers receive the best possible service within available resources. The IDCS can provide information, advice, signposting to other services and a route to assessment and, if needed, services for children with disabilities and their parent carers.

The Light House is located on St Mark's Road in the Derwent area of Derby and is fully accessible and equipped for children with profound disabilities and complex needs

The Light House is jointly funded by Derby City Council and NHS Derby and Derbyshire Integrated Care Board.

*The Light House, St Mark's Road, Derby, DE21 6AL
Email us at: thelighthouse@derby.gov.uk*



What services do we offer?

Residential Short Breaks

The Residential service provides overnight short breaks for children with disabilities.

Based on the ground floor of the Light House, the residential facility has 10 bedrooms all with ensuite facilities. It is run by a team of skilled and experienced Residential Childcare Workers.

Sun

Sun has 6-bedrooms and is designed for children with multiple disabilities, complex medical needs and physical impairments. The bedrooms have equipment, aids and adaptations to help meet the needs of the more physically disabled children. There is a treatment room and a sensory room to provide a stimulating experience, plus a large playroom with patio doors leading to a sensory garden which has an accessible swing and a roundabout for wheelchair users.

Star

Star has 4-bedrooms and is designed for children with needs related to their behaviour. There is also a sensory room to provide a calming experience, and an indoor soft-play room.

The gardens include a play area containing a rubberised track for quad bikes and recreational equipment for children who enjoy more physical activities. Both garden areas are safe and secure and are accessible from the building via separate patio doors.

Ofsted inspect the residential service to make sure it continues to deliver a good service.

We have a fully adapted minibus which is used to take children on outings.

To be eligible for a residential short break, your child will be aged between 0-17 years and have a diagnosed moderate to severe learning disability, or any other condition (e.g. life limiting illness) and a diagnosed moderate to severe learning disability.

What services do we offer?

Occupational Therapy

The occupational therapy team works in partnership with children with disabilities and their parent/carers to promote independent living within the home.

An occupational therapist will visit children in their own home and carry out an assessment of their needs. The assessment will identify any equipment or adaptations that may be required to maximise the child's independence within the home; for example, handrails, grab rails and ramps. The occupational therapist will then arrange for the provision of these adaptations including obtaining quotations if specialist adaptations are required.

If major adaptations are required, Disabled Facilities Grants are available to owner/occupiers and privately rented properties.

To be eligible for a service offered by the Occupational Therapy team, your child will be aged between 0-17 years and have a diagnosed permanent and substantial physical disability, and/or a diagnosed moderate to severe learning disability.

Direct Payments

A direct payment is money given to parent/carers, by the authority, to enable them to buy in support that is assessed as being needed, instead of the authority providing that support through their own services such as residential care or a Community Short Break. Direct Payments do not affect benefits.

Direct payments are available to children aged between 0-17 years with a diagnosed moderate to severe learning disability, or any other condition (e.g. life limiting illness) and a diagnosed moderate to severe learning disability.

Fieldwork

The Fieldwork team consists of social workers and children's practitioners who are responsible for assessment, care planning, safeguarding, short-term intervention and early intervention.

To be eligible for a service from the Fieldwork team, your child will be aged between 0-17 years and have a diagnosed moderate to severe learning disability, or any other condition (e.g. life limiting illness) and a diagnosed moderate to severe learning disability.



Community Short Breaks

Community Short Breaks provide children with disabilities the opportunity to experience an activity that is fun, stimulating and enjoyable, independent from their parents and carers, which aims to reduce their social isolation and help their personal and social development. Community Short Breaks also give parents and carers a necessary and valuable rest from caring responsibilities, allowing them to re-charge their batteries, spend time with other family members and provide space to do other things.

What's on offer?

There are two types of Community Short Break – a **Provider Service** and a **Grant**.

Provider services

Community Short Breaks services are delivered by specialist providers. These providers arrange specialist activity groups which are designed to be stimulating, enjoyable and fun and help promote friendships and peer support. They offer an exciting choice of varied activities at several venues across the city. Special events are arranged throughout the year too, celebrating religious and cultural holidays, local carnivals and national events. Day trips are also available during the school holidays, some of which are suitable for the whole family to enjoy. Provider services are available after school, at weekends or during the school holidays

How much does it cost?

Support workers are provided free of charge. However, some activities will have additional costs which families will need to pay for.

A list of our current Providers

<p>Community Links 50 hours per annum For ages 5-17 years</p>	<p>https://www.cl-support.com/</p> <p>Community Links offer sessions on selected Saturdays throughout the year. Each session lasts 4 hours. Community Links do not offer support on weekdays or during the school holidays.</p>
<p>Fun-Abil8y 50 hours per annum For ages 3-17 years</p>	<p>https://www.stjamescentrederby.co.uk/fun-abili8y</p> <p>Fun-Abil8y offer group sessions during the week and school holidays. Sessions last for 2 hours.</p>
<p>Umbrella 50 hours per annum For ages 5-17 years</p>	<p>https://umbrella.uk.net/</p> <p>Umbrella offer sessions at their two venues in Derby. Additional day trips in the community are offered during school holidays.</p>



Community Short Breaks Grant

The Community Short Breaks Grant is a cash payment made directly to the parent or carer of a child with disabilities. This cash payment allows families flexibility, choice and control to choose their own short break activity in the community.

The Grant may be used on a wide range of leisure activities dependent on your child's interests.

Children in Derby are currently using their grant to enjoy activities such as:

- 1-1 swimming lessons
- 1-1 yoga sessions
- Piano lessons
- Martial arts classes
- Sailing club
- Theme parks
- Wrestling Club
- Football coaching
- Sensory soft play sessions
- Ice skating
- Horse riding
- Holiday clubs
- Group activities and play sessions with other children

The Grant is paid directly to parent/carer's nominated bank account. Parents and carers will be required to sign a Grant Agreement and submit evidence of expenditure, including completing a simple spending form and submitting receipts.

Who can apply for a Community Short Break

To be eligible for a service, your child will have a diagnosed disability. We support children with disabilities who are not receiving any other similar support to a Community Short Break; therefore, we cannot offer a service to any child who already access activities in the community, or any other service delivered by The Light House. This also includes Direct Payments that have been awarded for social activities.



How do I apply for a service?

To access any of our services you will need to ask a professional who knows your child to complete an **Early Help Assessment** form. A professional may be a:

- school teacher
- community nurse
- health visitor
- paediatrician
- occupational therapist
- physiotherapist
- doctor (GP).

The Early Help Assessment form and guidance can be found on the Derby City Council website www.derby.gov.uk or you can request by emailing us at **VCM-IDCS@derby.gov.uk** or by telephone on 01332 956457

You must provide evidence of diagnosis such as a letter or assessment from a clinician such as a paediatrician, psychologist or psychiatrist. ***If we do not receive this evidence, we will not be able to consider your request.***

You may include any other relevant assessments you think will support the referral.

The completed Early Help Assessment form and evidence of diagnosis should then be sent to our VCM administrator who will make sure we have all the information we need.

