



Local Area Coordination in the Alvaston Ward



Supporting vulnerable people to
get a life not a service.



Derby City Council





What is Local Area Coordination?

Local Area Coordination supports people in Derby City who are vulnerable as a result of physical/learning disability, mental health issues, sensory impairment or age related difficulties to:

1. Think about their vision for a good life

Time to talk and think about what would make life better

2. Identify their strengths, skills and gifts

Help finding volunteering opportunities

3. Access a range of information

Support to find information or help navigating the internet

4. Develop relationships and community networks

Support to meet new people or connect with old friends

5. Get their voice heard

Help to speak to services and professionals

6. Take actions to make their life better

Help with planning practical steps to make changes

7. Be more involved in their community

Information about activities and groups in their area

8. Get the right help from services

Help to organise support to live life

A Local Area Coordinator will take the time to get to know you, your family and your community.





What the people we support have said

“It’s really nice to be able to come and talk to the same person face to face.”

“The Local Area Coordinator must have done a lot of talking to a lot of people because they were a mine of information...which was very good.”

“The Local Area Coordinator has spent their time getting to know people. Word spreads. Word of mouth is really important. They come to you, you don’t have to try and get to them.”





Your Local Area Coordinator:



Simran Sandhu

Mobile: **07812 301046**

Email: **simran.sandhu@derby.gov.uk**

Alvaston Library, 1252-1254 London Road
01332 718140

Our team currently support people living in the following wards: Abbey, Alvaston, Arboretum, Darley, Derwent, Normanton and Sinfin. We are recording requests for support in other wards as we may be able to help in the future. If you don't live in these wards but you think you may benefit from the support of a Local Area Coordinator, please contact:

Neil Woodhead - LAC Team Manager

01332 642565 neil.woodhead@derby.gov.uk

We can give you this information in any other way, style or language that will help you access it. Please contact us on: 01332 642565
Minicom: 01332 640666

Polish

Aby ułatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacie, stylu lub języku.

Prosimy o kontakt: 01332 642565 Tel. tekstowy: 01332 640666

Punjabi

ਇਹ ਜਾਣਕਾਰੀ ਅਸੀਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਵੀ ਹੋਰ ਤਰੀਕੇ ਨਾਲ, ਕਿਸੇ ਵੀ ਹੋਰ ਰੂਪ ਜਾਂ ਬੋਲੀ ਵਿੱਚ ਦੇ ਸਕਦੇ ਹਾਂ, ਜਿਹੜੀ ਇਸ ਤੱਕ ਪਹੁੰਚ ਕਰਨ ਵਿੱਚ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰ ਸਕਦੀ ਹੋਵੇ। ਕਿਰਪਾ ਕਰਕੇ ਸਾਡੇ ਨਾਲ ਟੈਲੀਫੋਨ 01332 643565 ਮਿਨੀਕਮ 01332 640666 ਤੇ ਸੰਪਰਕ ਕਰੋ।

Urdu

یہ معلومات ہم آپ کو کسی دیگر ایسے طریقے، انداز اور زبان میں مہیا کر سکتے ہیں جو اس تک رسائی میں آپ کی مدد کرے۔ براہ کرا، 01332 642565 مینی کام 01332 640666 سے رابطہ کریں۔

