

## Osmaston AllentonFamilyHub

Stronger families through support & friendship

## Summer Launch Monday 21 - Friday 25 August

60 Cockayne Street North, Allenton, Derby DE24 8XB Tel: 01332 956850

Come and see us for a range of FREE fun and informative activities, drop-in sessions & workshops for all the family. No need to book – just turn up.







Scan for more information & a full schedule of activities











## What's happening...

No booking needed and all activities are for O – 11 year olds, unless specified otherwise.

	Atonday 24 Avenue
Monday 21 August	
10am-12noon	Rhyme and story time with the Library Service <i>(O-8 years)</i> Decorate our Family Hub tree with Derby Theatre · Messy play <i>(O-8 years)</i>
1-3pm	Decorate our Family Hub tree with Derby Theatre Peep taster session <i>(0 – 3 years)</i> Meet the Speech and Language Team
Tuesday 22 August	
10am-12noon	Baby massage taster session with Carole (pre-mobile) Tiny Talk taster session with Emily (pre-verbal) Giant bubble blowing with Rebecca Baby Grow with keeping babies' safe information and advice (O-walking) Making fruit smoothies and healthy eating with Emma from Livewell Find out more about Connected Derby and meet the Infant Feeding Team
1-3pm	Carnival mask making and creative arts workshop Dads group crafts and model making with Alan · Face painting Find out more about Connected Derby and support available for dads
Wednesday 23 August	
10am-12noon	Stay and play (0-8 years) · Play, Dance, Move! with Deda (0-5 years) Outdoor activities including bubble blowing and giant chalks
12noon-1pm	FREE family lunch for all
1-3pm	Bhangra workshop with Surtal Arts <i>(O-8 years)</i> Stay and play <i>(O-8 years)</i> · Shining Stars young parents' group <i>(18+ years)</i> Find out more about Families Information Service Meet the Health Visiting Team
Thursday 24 August	
10am-12noon	SEND support from SENDIASS and STePs Sensory session with the Early Support Group · Benefits advice with Louise Taster sessions with Derby Adult Learning Service Meet the Neuro Diverse Support Team
1–3pm	First Aid taster session with Nigel · Child safety information and advice Let's Talk at Home taster session <i>(18 months – 4 years)</i> Children's wellbeing activity with Bridge the Gap <i>(0-11 years)</i>
Friday 25 August	
10am-12noon	Ready for School – stay & play, information and School uniform swop Meet the School Health Team
12noon-1pm	FREE chips (11+ years)
1-3pm	Music workshop Baby People (8 – 18 years) Graffiti workshop with Baby People (11-18 years) Sexual health and Sporting Communities buses (11+ years)