

My Life, My Journey

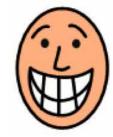
Getting to know me

Three Things About Me

Children aged 0-5 with SEND

Name	•••••	•••••	•••••	•••••	•	•••••
Age	• • • • • • • • • • • • • • • • • • • •	•••••	•••••	•••••	•	•
Today's	Date	•••••	•••••	•••••		•••••

Things I like



Family	Friends
Activities	Other

Things I do not like



Family	Friends
Activities	Other

Things I am good at



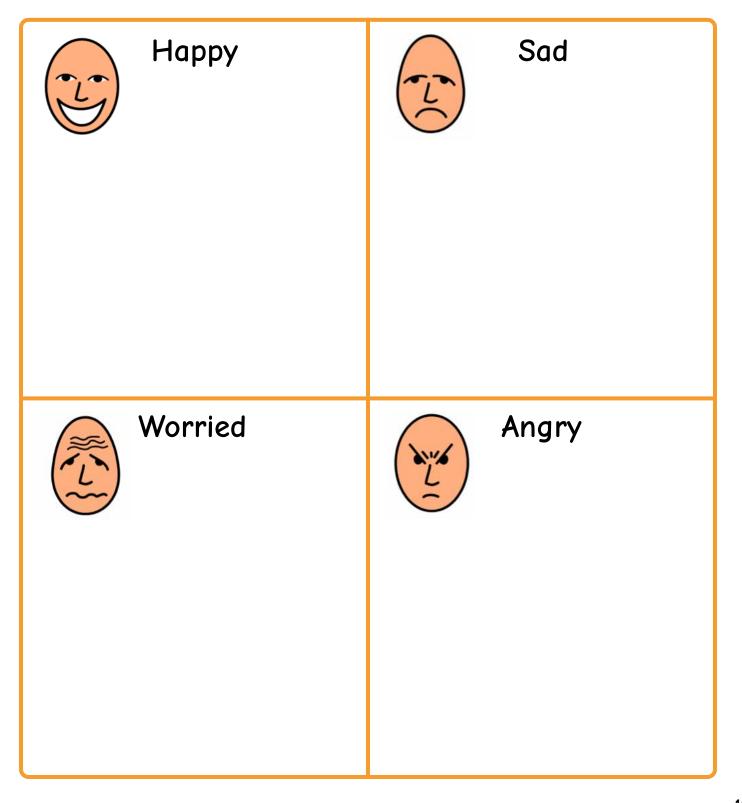
At nursery	At home
Activities	Other

Things people admire about me



At nursery	At home
Activities	Other (e.g personality traits)

Things that make me feel



Things I need help with

Communication and Interaction

Learning and Play

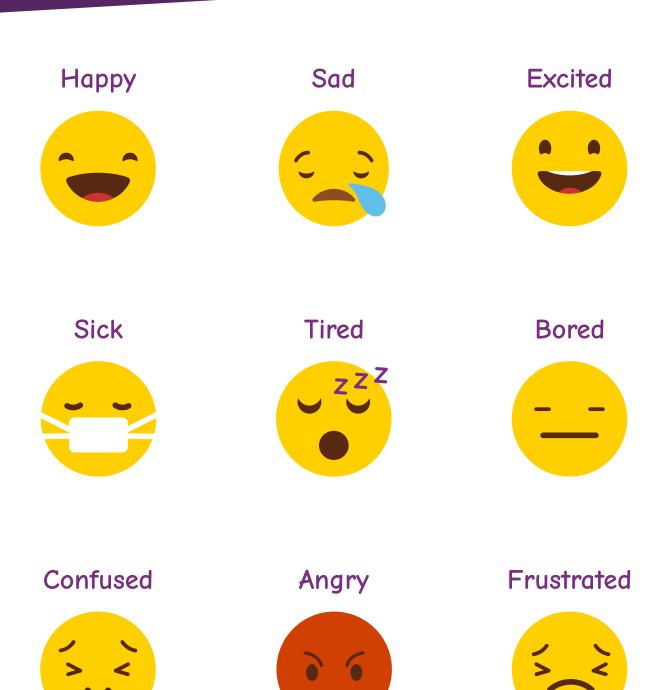
Health and Physical

Independence

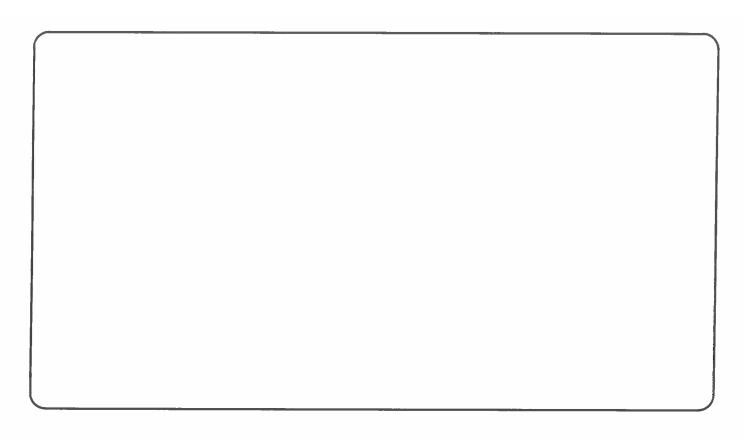
Emotional Regulation

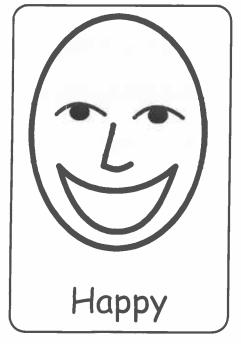
Social Skills

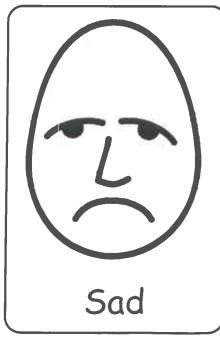
How are you feeling today?

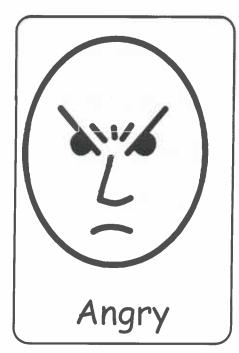


How are you feeling today?





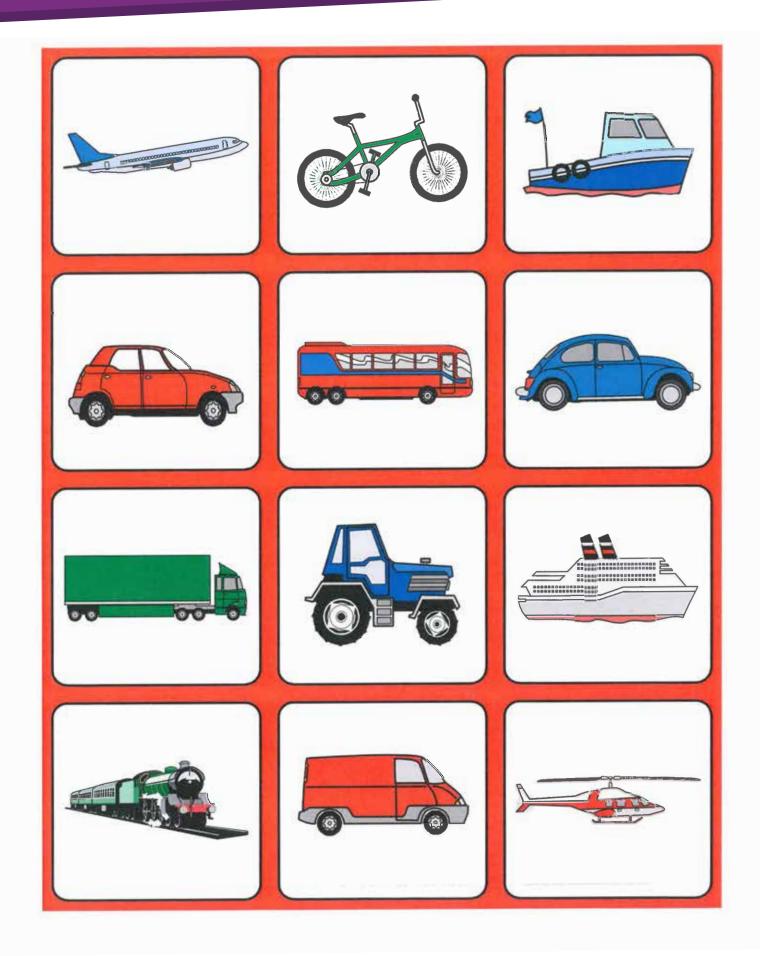


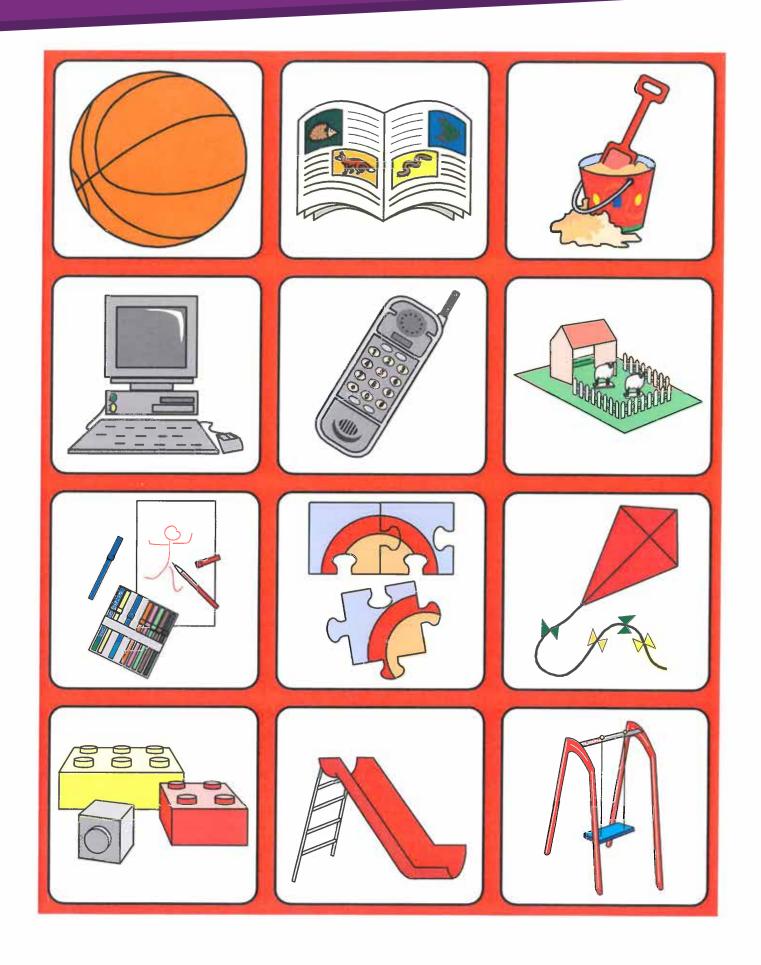


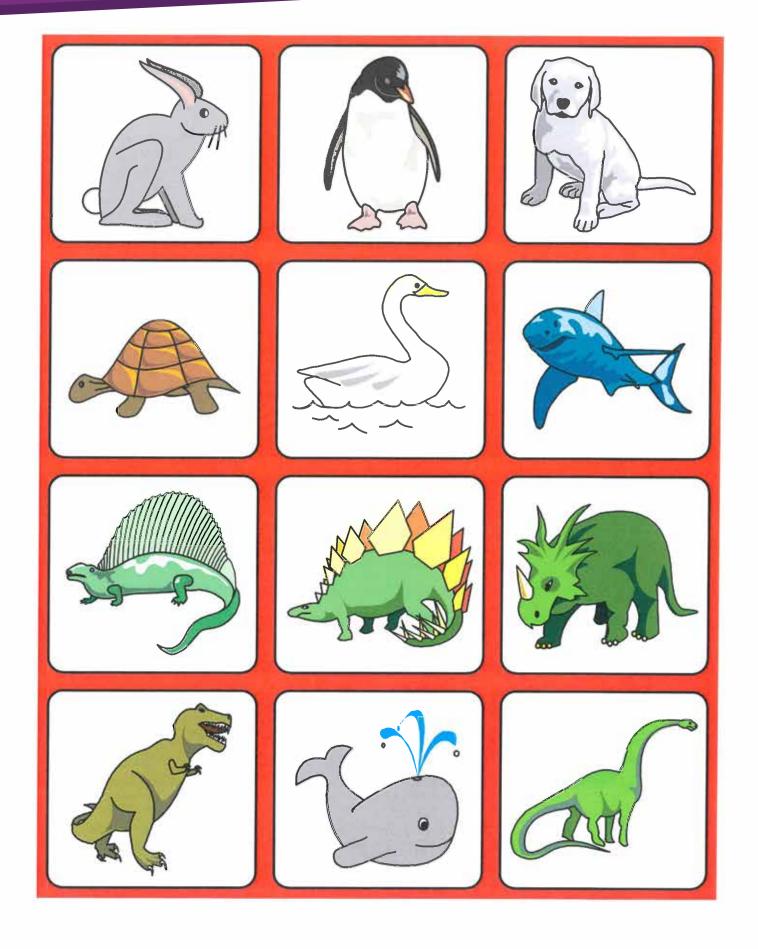
This is what I would change by waving my magic wand

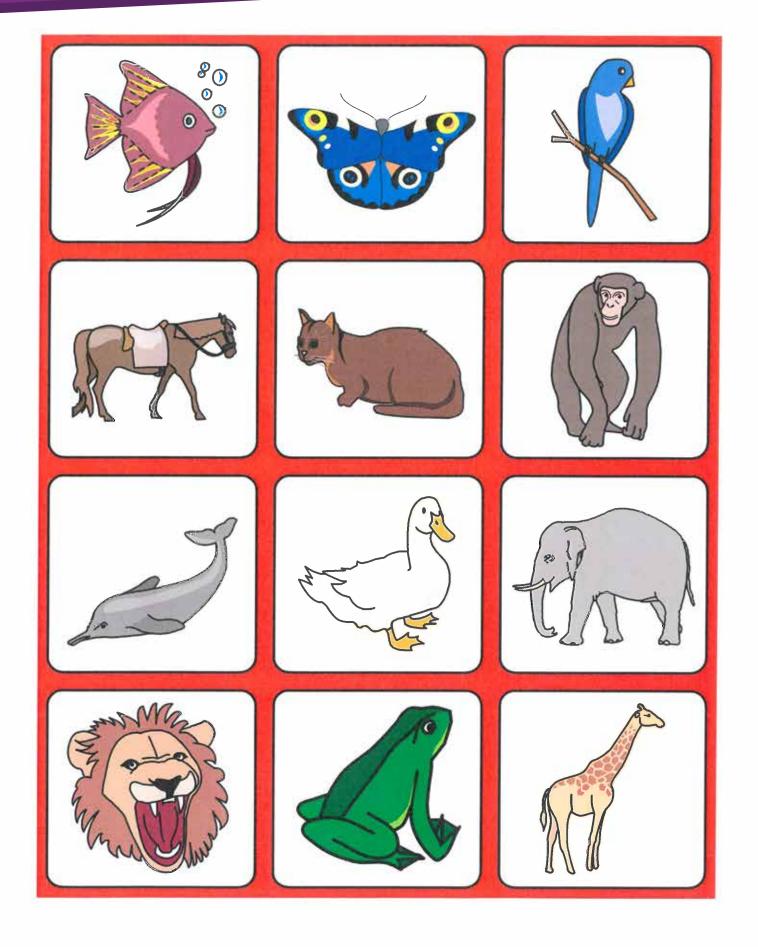


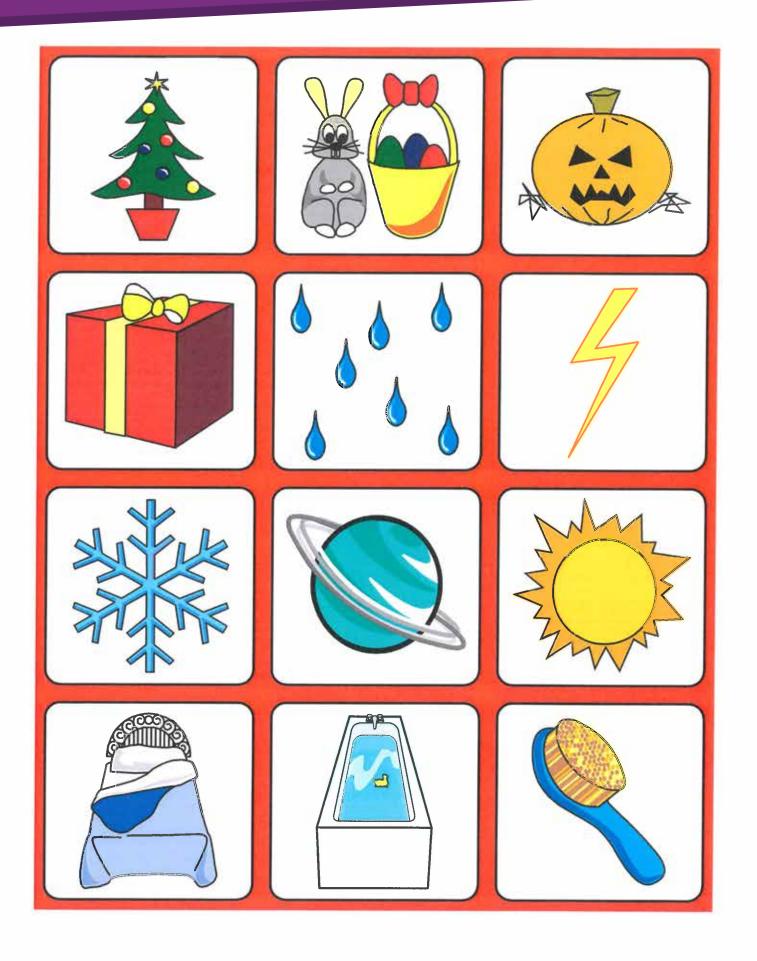




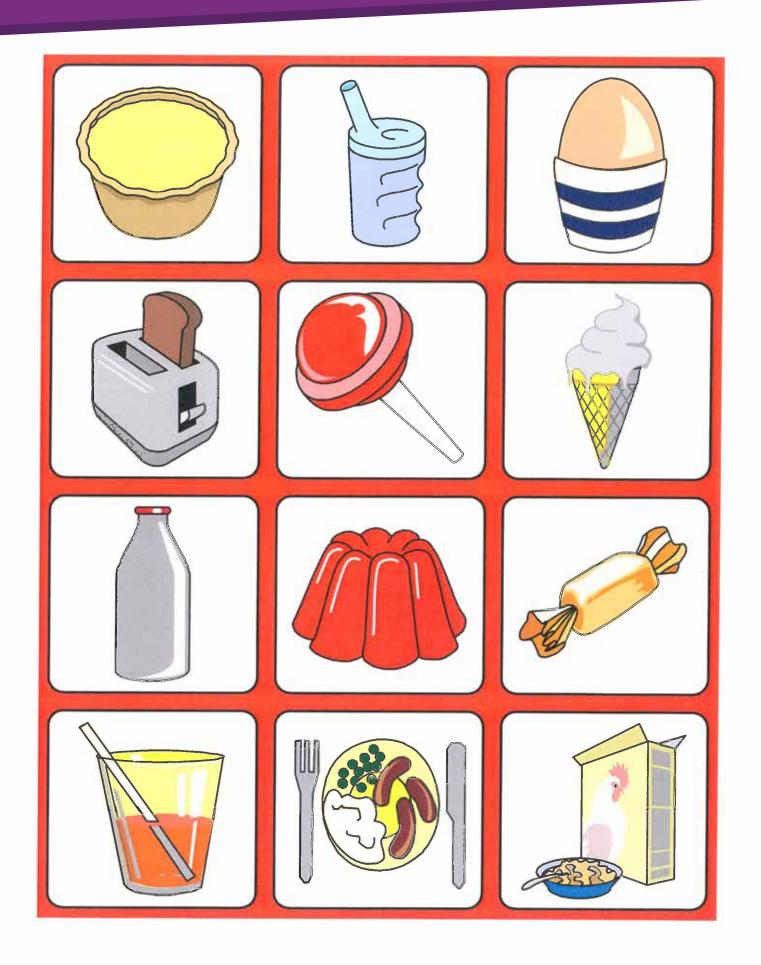


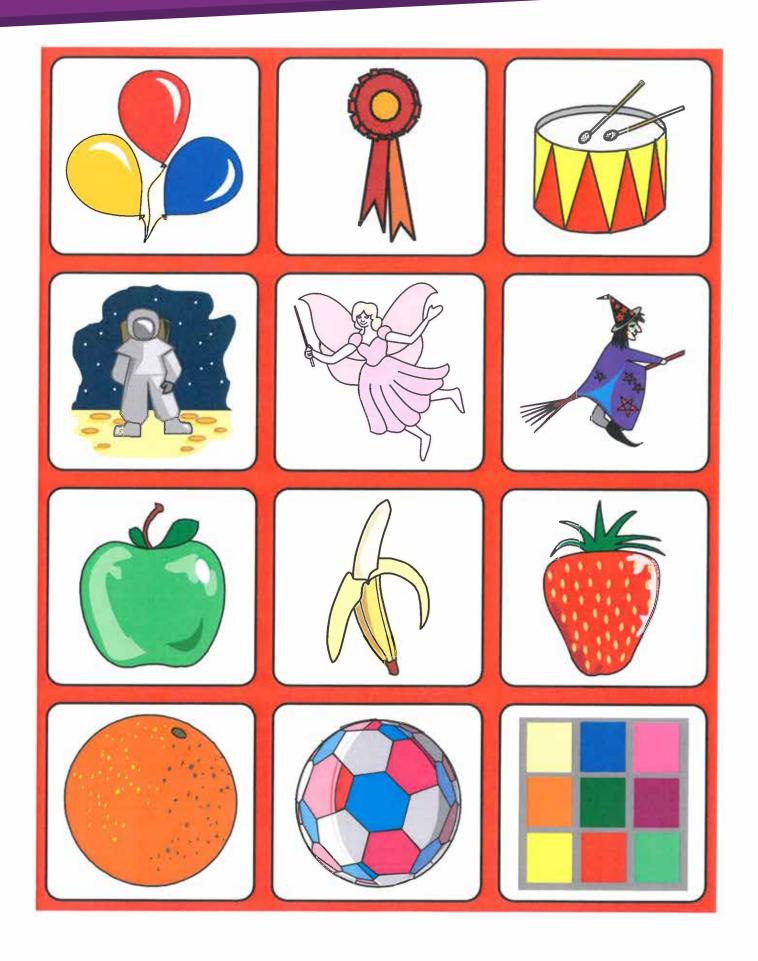


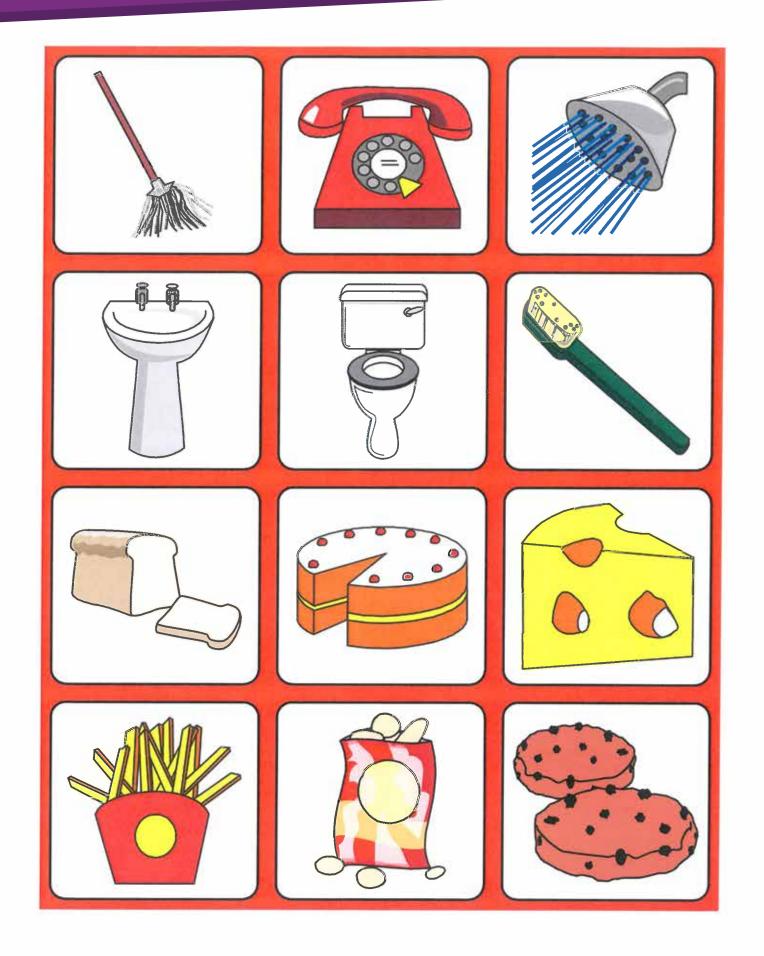












Action Plan



Name

When would you like it to start?		
Who is going to help you?	night help?	
How is it going to help you?	What else might help?	
What is going to help you?		

Review

Name

Not at all How much has it helped you? A little A lot