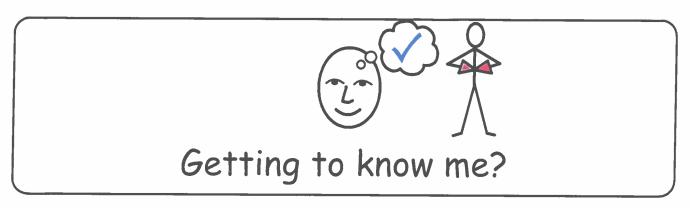


My Life, My Journey

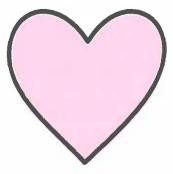
Getting to know me

Three Things About Me

Name	•••••	•••••	• • • • • • • • • • • • •	•••••	•••••	•••••
Age	•••••	•••••	•••••	•••••	•••••	•••••
Today's	s Date	•••••	• • • • • • • • • • • •	•••••	•••••	•••••



I like

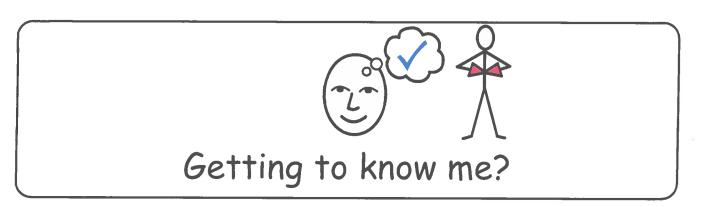




Getting to know me?

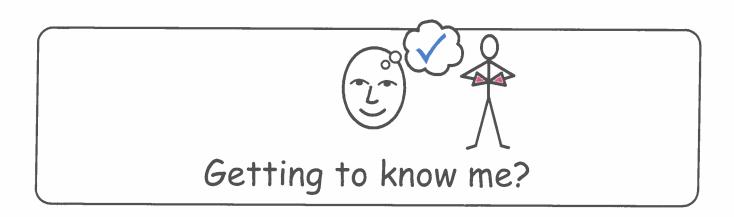
I do not like





Things people like and admire about me





I need help with



How are you feeling today?

Happy Sick





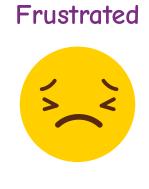




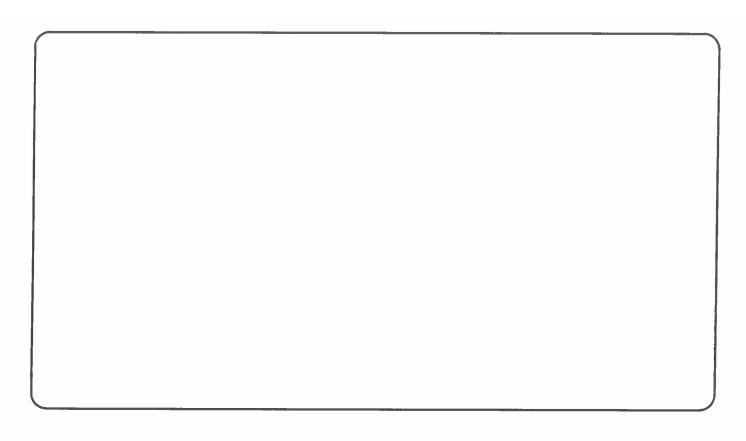


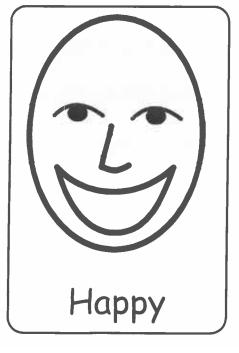


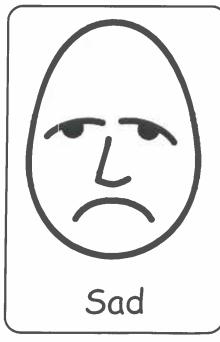


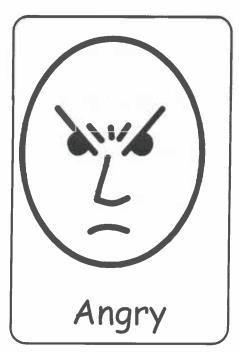


How are you feeling today?









This is what I would change by waving my magic wand

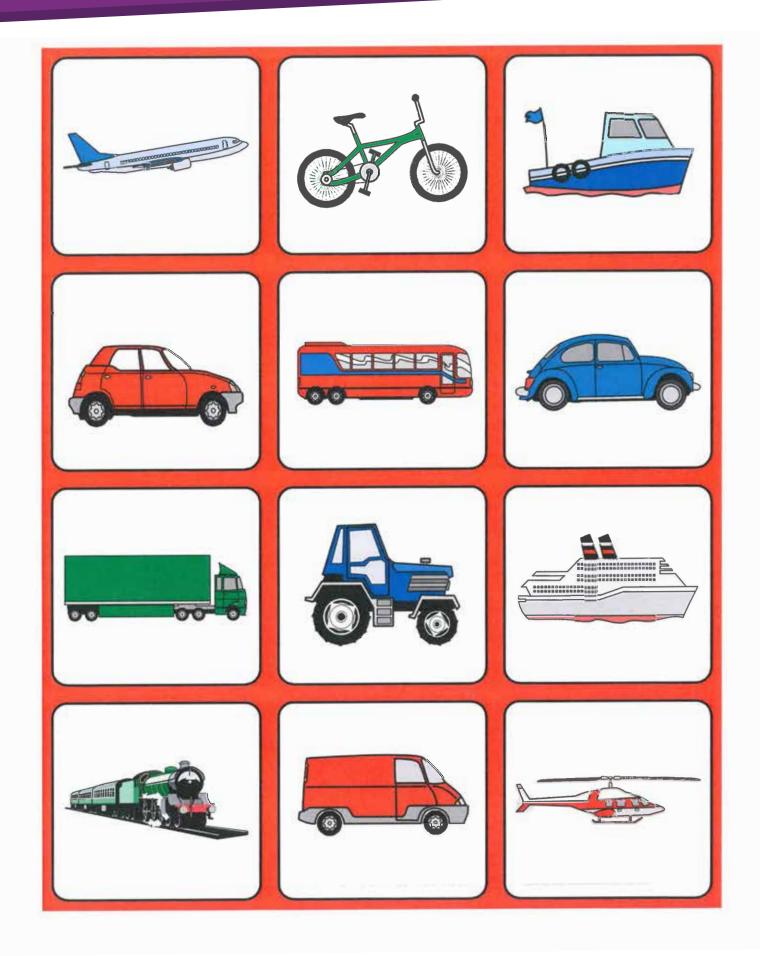


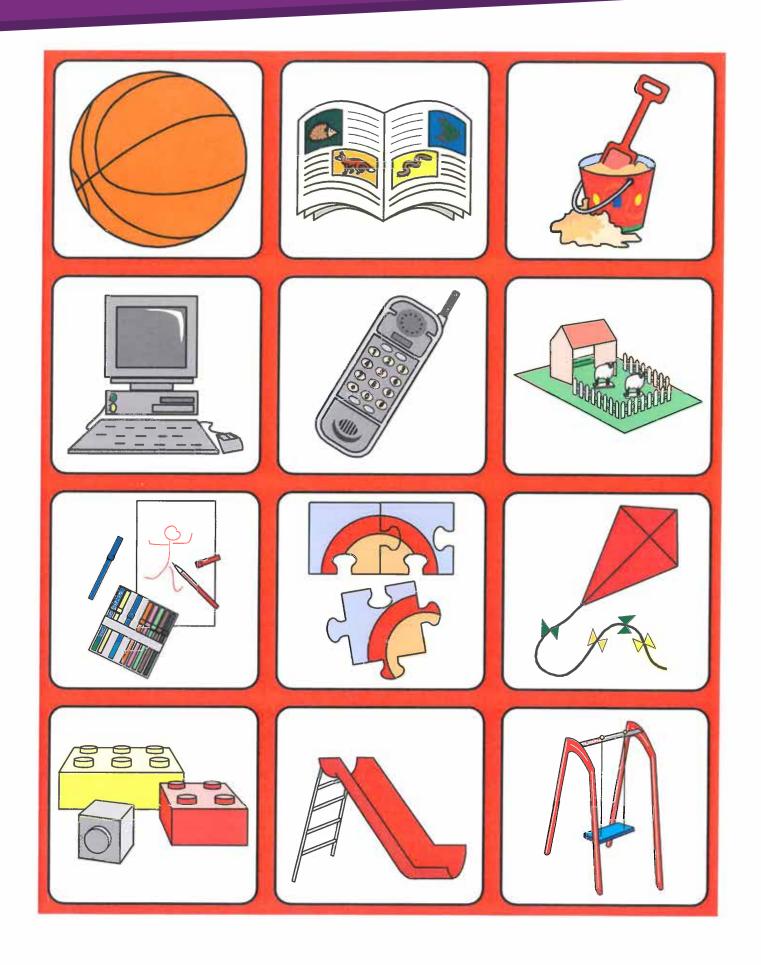


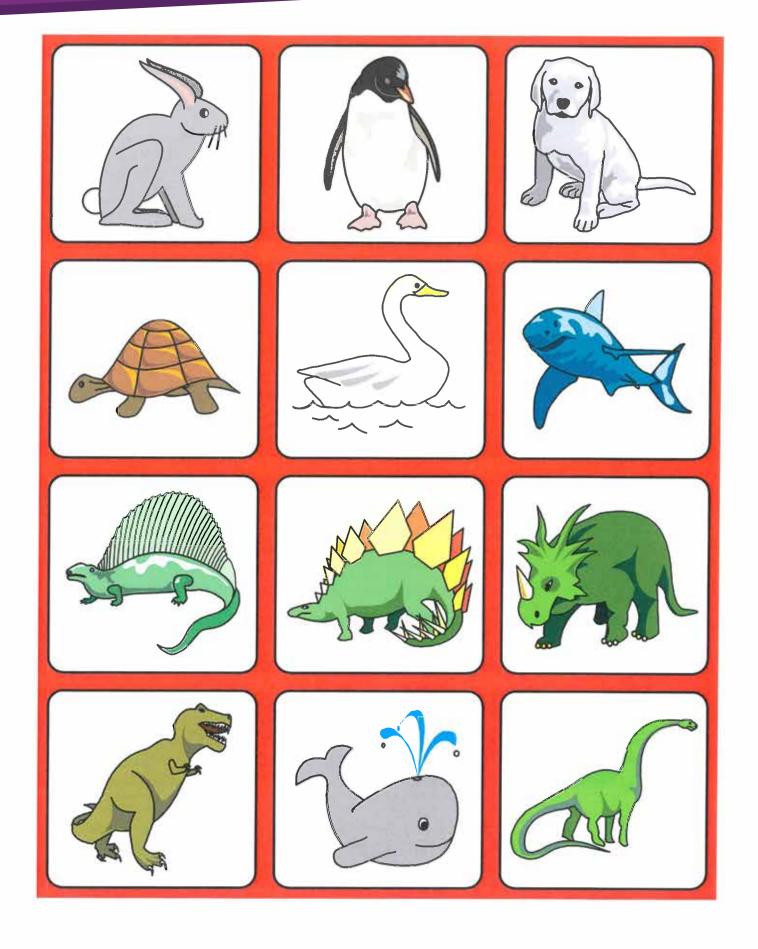
This is Me

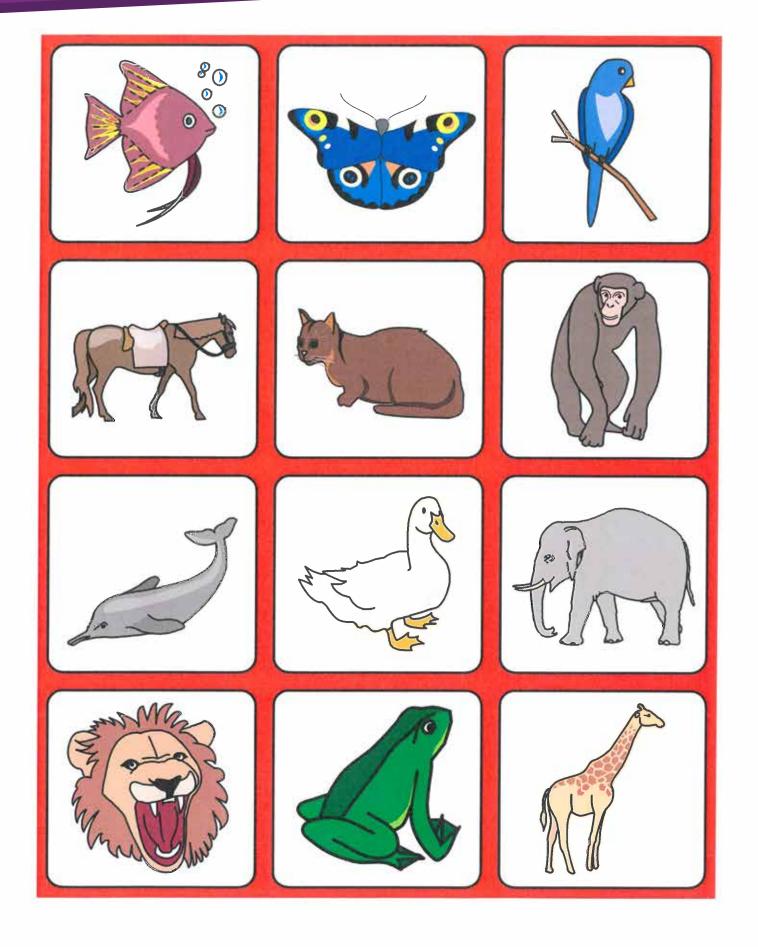
I have lots of strengths a	and talents, including;
□ Reading	☐ Stories
□ Spelling	☐ Photography
☐ Writing	☐ Sports
☐ Drawing and art work	☐ Cooking
☐ Computers	□ Cleaning
☐ Computer games	☐ Tidying up
☐ Maths and numbers	\square Putting things in order
☐ Remembering things	☐ Mechanical things
☐ Music	☐ Making things
☐ Facts about my favourite thing, which is;	☐ What else?

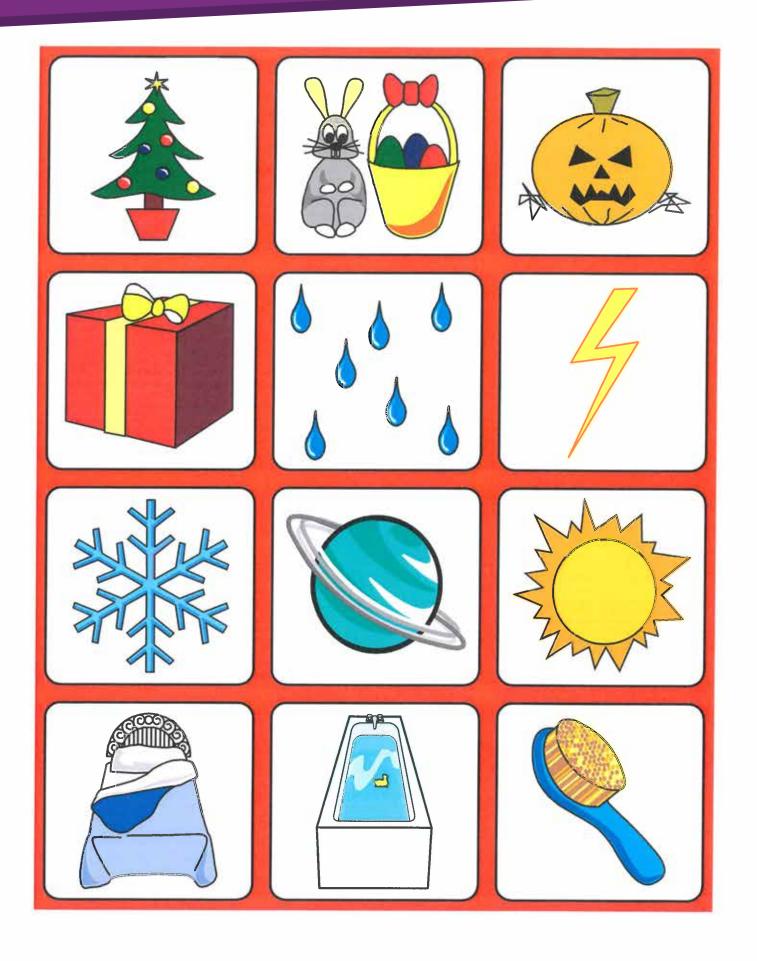
I will tick the things that are true for me



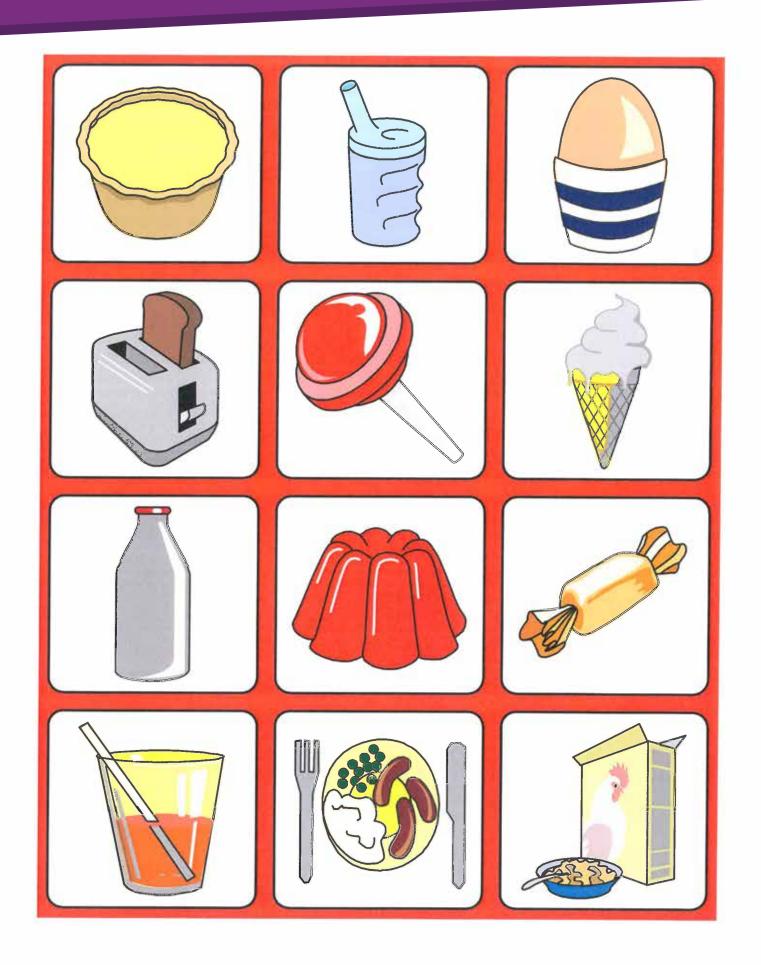


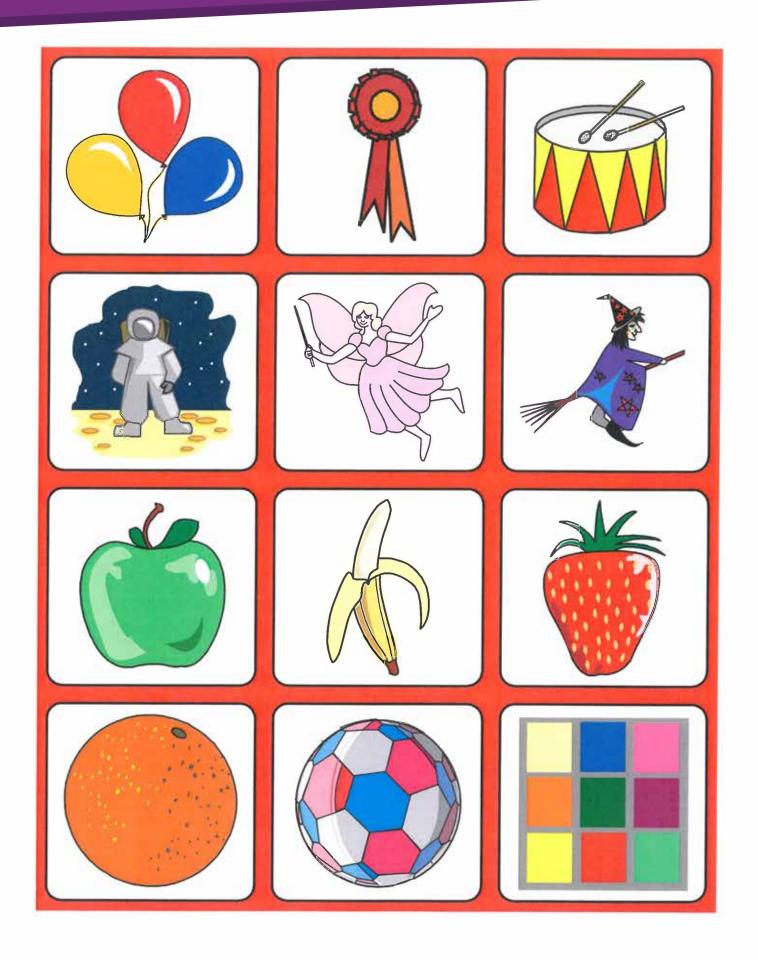


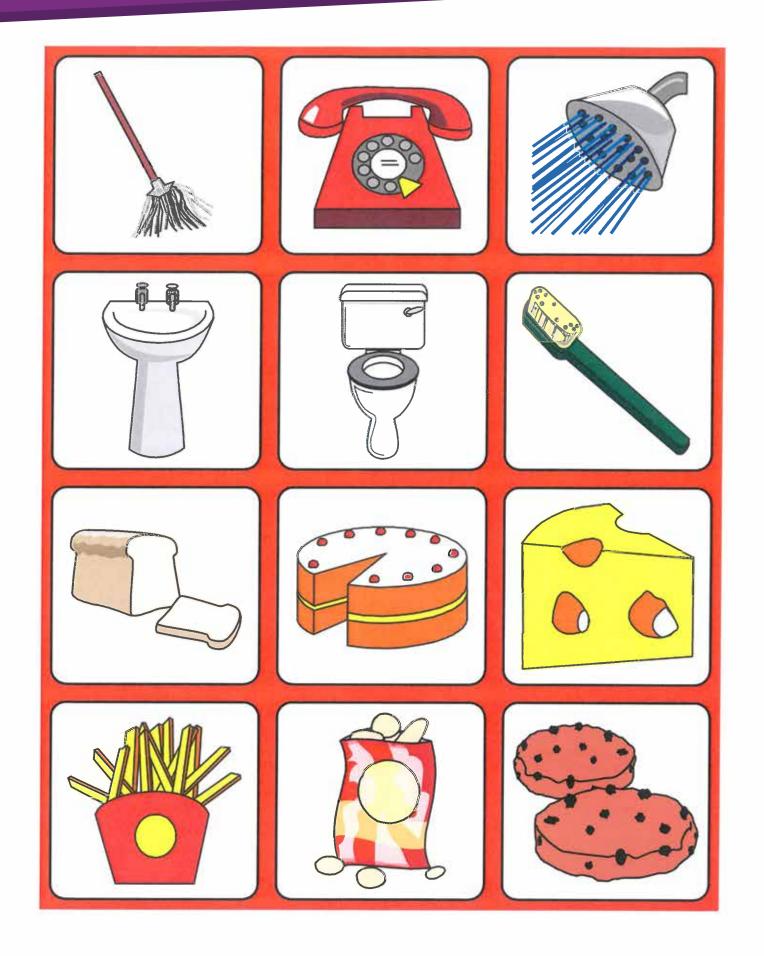












Action Plan



Name

When would you like it to start?		
Who is going to help you?	night help?	
How is it going to help you?	What else might help?	
What is going to help you?		

Review

Name

% on S	Not at all	
How much has it helped you?	A little	
How	A lot	