



Derby City Council

My Life, My Journey

At School I Feel

Name Age

School

Today's Date

How I'm feeling at school

The questions below are to find out how you feel about different things at School. For each question please choose one answer that is closest to how you feel by ticking the box.

1. How do you feel at different times of the day at School?

a) During lessons



Good



Ok



Not Good

Please tell us what might help you during lessons?

b) During break time



Good



Ok



Not Good

Please tell us what might help you during break?

How I'm feeling at school

c) At lunch time



Good



Ok



Not Good

Please tell us what might help you during lunch time?

d) At home time



Good



Ok



Not Good

Please tell us what might help you at home time?

How I'm feeling at school

2) How do you feel you are doing at School?

a) At school I feel I am doing



Good



Ok



Not Good

Please tell us what might help you to feel better in School?

b) I think my behaviour at school is



Good



Ok



Not Good

Please tell us what might help your behaviour?

How I'm feeling at school

c) Do you find it difficult to learn in class?



Always



Sometimes



Never

Please tell us If it is difficult to learn in class what might help you

d) Who would you go to if you needed support in school?

Friends

Teachers

Family

Other people in school: Who?

Other people out of school: Who?

How I'm feeling at school

3. How do you feel you get on with people at school?

a) Do you get on with your classmates in School?



Always



Sometimes



Never

Please tell us what could help you to get on better with classmates?

b) Do you get on with your teachers at School?



Always



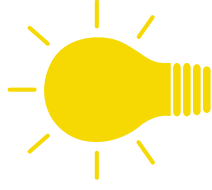
Sometimes



Never

Please tell us what could help you to get on better with Teachers?

Action Plan



Name

What is going to help you?	How is it going to help you?	Who is going to help you?	When would you like it to start?
What else might help?			

Review



Name

How much has it helped you?

A lot

A little

Not at all

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