

# Guidance for Practitioners

## Wishes and Feelings

### Purpose

- To enable the child or young person to have a voice which is listened to and acted upon.
- To enable the child or young person to give their view on the support they receive.
- To enable the child to identify what help they would like and who from.
- To enable the child or young person to give their views on actions for change.
- To enable the child or young person to review what has worked or not worked for them.
- To improve outcomes and evidence what difference listening to the child or young person has made.

### Guidance

- This tool is recommended for age 5 to 19 years.
- The child should fill out the wishes and feelings worksheet (the practitioner can support the child but it is important that you write exactly what they say).
- Facilitate a discussion with the child or young person when completing the questions and scales.
- You are free of course to use this tool flexibly to meet the needs of the individual child for example by drawing pictures.
- This should be used to inform other plan processes as appropriate, for example Team Around the Family (TAF), Children in Need (CIN) Reviews and Child Protection Reviews. This tool should contribute to the overall plan for the child.
- This tool should be used on a regular basis to review the child or young person's wishes and feelings and prior to any future meetings.

### Outcomes

- The child or young person should be able to identify and share any worries or concerns they have.
- The child or young person should be able to identify what has helped or not helped.
- The child or young person and practitioner should be able to identify where further support is required and this should inform assessments and/or any future referrals.
- The practitioner should have a better knowledge and understanding of the child.







Derby City Council

Voice of the Child ...  
so what difference will it make?

# Wishes and Feelings

Name ..... Age.....

Today's Date .....

# My wishes and feelings

i wish the meeting to know:

Please write or draw a picture

Most of the time at home i feel:

Most of the time at school, college  
or training i feel:

Out of 10, i feel this happy (please circle the number)

Very unhappy 1 2 3 4 5 6 7 8 9 10 very happy

it might be more if:

Out of 10, i feel this safe (please circle the number)

Very unhappy 1 2 3 4 5 6 7 8 9 10 very happy

it might be more if: