

## Care and support for adults

### Will I qualify for help from the Council?

We must make sure that we use the resources we've got to help people in greatest need of support. It's important that we support people, if - without our help - they wouldn't be able to continue to live at home safely and independently.

It's important that you tell us as much as you can about your situation, because we will use what you tell us to decide whether or not we can support you. We will probably be able to support you if:

- you can't manage to do essential things, and there's no other way of getting them done
- you're managing with a struggle, but you or a carer are at serious risk of injury, and there's no other way of getting things done
- you are at risk of going into residential or hospital care without support.

Once we have a clear understanding of your situation, we will assess your needs to see if you will qualify for support under the Care Act 2014. There is a national level of care and support needs that all councils will consider when they assess what help they can give you.

To qualify for support...

- Your needs must arise from or are related to a physical or mental impairment or illness.
- As a result of your needs you are unable to achieve two or more of outcomes.
- As a result there is, or is likely to be, a significant impact on your wellbeing.

The areas we look at include:

- managing your personal care
- eating and drinking
- communicating your wishes or making choices
- running and maintaining your home
- being involved in community life
- being able to have work and learning opportunities
- staying in control of your life
- your health and safety
- being involved in family responsibilities.

When we do an assessment with you, we will consider your wellbeing and what is important to you. We will take into account whether your situation is likely to get worse in the next few months.



'My Self Assessment' form will be used by you and your social care worker to identify your needs and what you want to achieve in your day-to-day life.

The questions included in 'My Self Assessment' are:

- Tell us about yourself.
- What is important to you?
- What does a good day look like for you?
- Who are the people or groups that are important to you?
- Who gives you the support and friendship to help you do the things you want?
- What can you do for yourself?
- What help do you think you need and why?
- Do you have any medical conditions?
- What areas do you think that you need support in?
- What you would like to be different or better?
- What would you like to be able to do?
- How often do you need support?
- How much of the support you need is a carer or your family willing and able to provide?
- What living arrangements would help you to maximise your wellbeing and independence?
- If you are offered a Personal Budget, how would you like to complete your support plan – on your own or with help from others?

If you do not qualify for support, we will provide information and advice about other sources of help. We will also tell you if other services could support you with the difficulties you are having – such as housing or health services.

If it seems you might be better off getting support and/or information from someone else, we will tell you who to contact.

## **Who can I contact for more information?**

If you have had an assessment and want more information on a decision that has been made, please contact your social care worker directly or through the Adult Social Care department.

If you would like to know more about the eligibility criteria, you can:

Telephone: 01332 640777  
Fax: 01332 643299  
Minicom: 01332 640666  
Web: [www.derby.gov.uk/healthandsocialcare](http://www.derby.gov.uk/healthandsocialcare)

We can give you this information in any other way, style or language that will help you access it. Please contact us on: 01332 64 **0777**  
Minicom: 01332 640666

#### Polish

Aby ułatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacie, stylu lub języku.  
Prosimy o kontakt: 01332 **640777** Tel. tekstowy: 01332 640666

#### Punjabi

ਇਹ ਜਾਣਕਾਰੀ ਅਸੀਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਵੀ ਹੋਰ ਤਰੀਕੇ ਨਾਲ, ਕਿਸੇ ਵੀ ਹੋਰ ਰੂਪ ਜਾਂ ਬੋਲੀ ਵਿੱਚ ਦੇ ਸਕਦੇ ਹਾਂ, ਜਿਹੜੀ ਇਸ ਤੱਕ ਪਹੁੰਚ ਕਰਨ ਵਿੱਚ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰ ਸਕਦੀ ਹੋਵੇ। ਕਿਰਪਾ ਕਰਕੇ ਸਾਡੇ ਨਾਲ ਟੈਲੀਫੋਨ 01332 **640777** ਮਿਲੀਕਮ 01332 640666 ਤੇ ਸੰਪਰਕ ਕਰੋ।

#### Urdu

یہ معلومات ہم آپ کو کسی دیگر ایسے طریقے، انداز اور زبان میں مہیا کر سکتے ہیں جو اس تک رسائی میں آپ کی مدد کرے۔ براہ کرم 01332 **640777** پر ہم سے رابطہ کریں۔



Derby City Council

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