

Derby Health and Wellbeing Strategy – Plan on a Page

Vision	<p>To improve the health and wellbeing of the people of the city and to reduce inequalities</p>			
Objectives	<p><i>That the people of Derby...</i></p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="background-color: #d9ead3; padding: 10px; text-align: center; width: 30%;"> <p>Have the best start in life</p> </div> <div style="background-color: #d9ead3; padding: 10px; text-align: center; width: 30%;"> <p>Stay well</p> </div> <div style="background-color: #d9ead3; padding: 10px; text-align: center; width: 30%;"> <p>Age well and die well</p> </div> </div>			
How	<p>Wider determinants of health e.g. income, housing, environment, transport, education, work</p>			
	<p>Health Behaviours & lifestyles e.g. diet, smoking, physical activity, alcohol and drug use</p>			
	<p>Integrated health and care system e.g. integrate care around need, ability to manage multi-morbidity, services effective and efficient.</p>			
	<p>Our Communities e.g. planning, licensing, relationships, community networks, asset-focussed.</p>			
Enablers	<p>Effective leadership & governance</p>	<p>Community assets & engagement</p>	<p>An appropriately-skilled & flexible workforce</p>	<p>High quality, joined up information and analysis</p>
Principles	<ul style="list-style-type: none"> To be person-centred. To be proactive. To deliver value. To have parity of esteem of physical and mental health. To deliver joined-up care that is close to home. To deliver care which is safe and effective. To deliver good quality care and services. 			