

Advice while walking your dog in the countryside

Do

- Stop, Look and Listen on entering a field and as you walk through be particularly aware of cows with calves, bulls, and rams.
- Take the best route – keep to paths where possible but give livestock plenty of space. Try to avoid getting between cows and their calves.
- Be prepared for cattle to react to your presence, especially if you have a dog with you.
- Move quickly, quietly and calmly, and if possible walk around the herd.
- Keep your dog close and under effective control on a short lead around cows and sheep.

Don't

- Don't hang onto your dog. If you are threatened by cattle - let it go as to allow the dog to run to safety.
- Don't put yourself at risk. Find another way round the cattle and re-join the footpath as soon as possible.
- Don't panic or run. Most cattle will stop before they reach you. If they follow, just walk on quietly.