



Top Tips for Finding Work

It can be helpful to:

- talk with family, friends and the people who support you at school or college
- use your person-centred review meetings
- contact a Careers Adviser or Personal Adviser through school or college
- get some work experience if you can. School or college may be able to help organise this
- volunteer
- talk to Jobcentre Plus.

[Derby Adult Learners Service](#) may be able to help you to find paid work, work experience or voluntary work. The service provides high quality education for adult learners. [Remploy](#) can also help young people with special educational needs and disabilities.

More useful links:

- [Looking for work if you have a disability](#)
- [Looking for an apprenticeship](#)
- [Finding and staying in work](#)

The Careers Adviser or Disability Employment Adviser at [Job Centre Plus](#) will have details of companies in the local area looking to employ young people and will also be able to provide you with the details of help available to people with learning difficulties or disabilities.

Don't forget to find a full list of services that can help you into employment, visit our employment directory below.

[Click to search the directory](#), and click the employment box.