Flying start for 2 year olds

Free childcare for 2 year olds

... giving children a good foundation for starting school by developing their communication and social skills.

You can claim a free place for your child if you receive one or more of the following:

- Income Support (IS)
- Income-based Job Seekers’ Allowance (JSA)
- Employment Support Allowance (ESA)
- National Asylum Support Service (NASS)
- Pension Credit
- Child Tax Credit where income is £16,190 or less and you are not entitled to claim Working Tax Credit
- or the child is looked after by Derby City Council.

For the most up to date information and eligibility please visit www.childcarechoices.gov.uk or contact the Families Information service on 01332 642610

What's on Guide
9 September — 20 December

at
Austin/Sunnyhill, Becket, and Rosehill Children's Centres

To support Children’s Centre resources, a donation of 50p per family for each activity would be appreciated.
Thank you.
Mondays

9:30 -11:30  Lets Talk (from 4th November) *Referral Required*
A 6 or 7 week parenting course supporting families to understand and
develop skills to support your child’s communication and language
development. For families with children 18 months +. Creche spaces
are limited. Contact Lauren Bounds on 01332 641315 for more information.

1:00 – 3:00 Child Health Clinic with the Health Team

Tuesdays

10:00 – 11:30  Stay and Play
*Booking only* Please contact reception on 01332 640090 bookings are taken
from Wednesday (after 9:30) for the following session.
A weekly stay and play session for parents and children to develop your child’s
learning and social skills. Snack is provided for the children within the session.
We would appreciate a donation of 50p per family to support snack costs

11:30 – 12:00 Toy Library An opportunity to borrow quality toys for your child,10p
per toy per week.

Wednesdays

9:30 – 11:00 Child Health Clinic at Newmount Methodist Church, Blagreaves
Lane DE23 1PS with the Health Team. Second and fourth Wednesday of each
month only

1:30 – 2:45 Messy Play
*Booking only* Please contact reception on 01332 640090 bookings are taken
from Thursday (after 9:30) for the following session.
Designed for children from 6 months+. Bring your child in old clothes to allow them
to confidently explore all the activities. Please inform a staff member if you or your
child has an allergy when booking.
We would appreciate a donation of 50p per family to help support the running of
this session

2:45– 3:15 Toy Library An opportunity to borrow quality toys for your child, 10p
per toy per week.

More information on the groups at the back of the booklet

School Readiness

Starting school can be an exciting and nervous time for both
parents and children.

At the Children’s Centres we can offer support and guidance
to help prepare you and your child to start school positively.

How we support your family to be school ready:

- Modelling skills and activities in our stay and play and PEEP sessions;
  from birth to 5 years
- Sharing ideas about what activities you could try at home to support
  your child to be ready for school
- Providing a toy library so that you can borrow academic and fun
  activities to support your child at home (day and times are in the guide)
- Providing school readiness awareness
  sessions for parents.
  Look out for poster in your local centre for
  our next session dates.

Parents Forum

The Parents Forum is an opportunity for parents to:

- express their views and opinions of services delivered in the Locality
  Children’s Centres.
- suggest new activities and services that will help meet the needs of
  the local community.
- attend one meeting a term.

For more information please contact Neelum Ahmed on 01332 641315

You are welcome to breastfeed in this centre
Information about your local Health Visiting team

What the Health team can help you with:

- Breastfeeding advice and support
- Infant nutrition/ weaning/ feeding problems
- Child behaviour management
- Children’s sleeping patterns
- Speech and language development
- Fresh Start (support to reduce or give up smoking)
- Post natal depression
- Unhappy/violent relationships
- Sexual health
- Children with disabilities
- Drug and alcohol misuse
- Toilet training
- Child development
- Signposting to other agencies

If you require any support please contact your local health team:

Child and Family Health Team for Normanton/Arboretum
The Big Building, Lower Dale Road, DE34 6WY
Tel: 01332 368563

Child and Family Health Team for Pear Tree
Pear Tree Street, Derby, DE23 8PM
Tel: 01332 888030

Child and Family Health Team for Austin Sunnyhill
Homelands, Browning Street, Derby DE23 8DN
Tel: 01332 640090

Child and Family Health Team for Mickleover / Littleover and Abbey
St Pauls House, Jubilee Business Park, Stores Road, DE21 4XF
Tel: 03003690573

Austin/Sunnyhill Children’s Centre
Browning Street, Derby.
DE23 8DN. 01332 640090

Thursdays
1:30—3:00 Stay and Play
A weekly stay and play session for parents and children to develop your child’s learning and social skills.

3:00— 3:30 Toy Library An opportunity to borrow quality toys for your child, 10p per toy per week.

Fridays
9:30—11:00 PEEP learning together course
Focus Strand: Communication and language
*Booking Only* please complete an expression of interest at any reception. PEEP runs for 12 weeks.

2:00—3:00 Groovy Movers
A group to support children’s language and physical development through singing, music and movement.
For children aged 20 months+ (younger siblings are welcome)

You are welcome to breastfeed in this centre
Becket Children’s Centre
35 Stockbrook Street, Derby.
DE22 3WR. 01332 380134

Monsdays
9:30 -11:30 Lets Talk (from 16th September) *Referral Required*
A 6 or 7 week parenting course supporting families to understand and develop
skills to support your child’s communication and language development.
For families with children 18 months +. Creche spaces are limited.
Contact Lauren Bounds on 01332 641315 for more information.
9:30—11:00 PEEP learning together course
Focus Strand: Health and Physical Development
*Booking Only* please complete an expression of interest at any reception.
PEEP runs for 12 weeks.
11:00 – 12:00 Toy Library
An opportunity to borrow quality toys for your child, 10p per toy per week
1.30-3:00 Stay and Play
A weekly stay and play session for parents and children to develop your child’s
learning and social skills.

Wednesdays
9:30 – 10:45 Baby Grow
A stay and play session for expectant mums and parents with children under 18
months. A chance for new parents to get together in a friendly and safe
environment.
10:45 – 11:15 Toy Library
An opportunity to borrow quality toys for your child, 10p per toy per week.
1:30—2:30 Early Support group *Referral Required*
A programme for parents of children under 5 who are awaiting or
under assessment with the community paediatrician for social communication
difficulties. Come and join us for a fun interactive play session designed to support
your child’s communication skills, gain information and advice on what support is
available for you and your child in Derby City and access a variety of resources and
activities to support your child.

More information on the groups at the back of the booklet

Migrant Help

Need Support to Complete Your EU Settlement Application? At Migrant Help, We Can Support!
Migrant Help has been awarded funding from the Home Office to raise awareness of the EU
Settlement Scheme (EUSS) among vulnerable EU citizens, and to assist with the application process.
EU citizens and their family members living in the UK need to apply to the EU Settlement Scheme
before 30 June 2021. This will ensure that their rights are protected, and they can continue living in
the country after it leaves the EU. advice and guidance EU Settlement Scheme
Migrant Help can advise and give information on applying to the EU Settlement Scheme including:
- What the EU Settlement Scheme is
- Criteria that need to be met
- How to make an application
- What documents are needed to apply
- Types of status people may be eligible for
- Completing application forms

Migrant Help is funded to provide this support until March 2020.

Our service is available to people from the following groups:
- Gypsy/traveller and Roma communities
- Vulnerable individuals:
  - Homeless
  - elderly
  - people with disabilities/serious health conditions
  - victims of domestic abuse
  - victims of modern slavery and human trafficking
  - young adults who are leaving care

For further information please contact Amanda Philpotts EUSS Engagement and Outreach Advisor
on: Mobile: 07483090714 or email Amanda.philpotts@migranthelpuk.org | 01304 806732 |
www.migranthelpuk.org
Groups and activities we offer for children under 5 years

Stay and Play
Come along to our stay and play session with your child for fun filled activities and ideas to take home.
Some groups include a snack time with an opportunity for the children to try different healthy foods and finishes with singing. Individual groups will show if snacks are included.
We would appreciate a donation of 50p per family to support snack costs

Child-Minder’s Group
Child-minding network group, a stay and play for child-minders only. A good network to share good practice and gain support from each other.

Baby Grow
A stay and play session for expectant mums and parents with children under 18 months. A chance for new parents to get together in a friendly and safe environment. Please contact receptions for more information

Supported to Settle
A group for parents new in Derby to meet other families in a safe, fun environment. An opportunity for children to play and learn with extra support around asylum seeking issues and refugee matters for parents. For more information please contact Burnice on 01332 641315. No booking required, everybody’s welcome

New Communities Stay and Play
Stay and play group for Slovak/ Czech children from birth up to 3 years and their parents/ carers. Burnice and Fatima are available each week to support you and your child during the session. For more information contact Burnice 01332 641315

Groovy Movers
A group to support children’s language and physical development through singing, music and movement. Suitable for mobile children over 20 Months.

Becket Children’s Centre
35 Stockbrook Street, Derby.
DE22 3WR. 01332 380134

Thursdays
9:30 – 11:30 Incredible Years Behaviour Management Course “Referral Only”
The Incredible Years Behaviour Management course is for parents and carers who are struggling with the behaviour and/or demands of their children. We would expect a commitment to attend each session for a total of 14 weeks.
12:30-2:30 Story Sacks starting 26 September “Booking required”
5 weeks course for you to design a story sack around a children’s book. Crèche spaces are limited.
1:30 – 3:00 Child Health Clinic with the Health Team

Fridays
9:30 – 10:45 Baby Grow
A stay and play session for expectant mums and parents with children under 18 months. A chance for new parents to get together in a friendly and safe environment.
Please contact reception for more information on 01332 380134
10.00-11:30 Stay and Play
A weekly stay and play session for parents and children to develop your child’s learning and social skills.
11:00 – 11:30 Toy Library
An opportunity to borrow quality toys for your child, 10p per toy per week.
11:00 – 12:00 Breastfeeding Club with the Health Team
1:00—3:00 STePS team drop—in
Dates: September 27, October 25 and November 22.
A parent drop-in service provided by STePS Autism Team for children and young people with Autism Spectrum Disorder giving you an opportunity to meet other parents and to talk to our team.

You are welcome to breastfeed in this centre
Mondays
10:00—11:30 New Communities Stay and Play
Stay and play group for children from birth up to 3 years and their parents/carers who are new to the community. For more information contact Burnice 01332 641315

11:30 – 12:00 Toy Library
An opportunity to borrow quality toys for your child, 10p per toy per week.

12:30—2:30 Family Fun with English with Family learning
*Referral Only*
Introduction to English for those with basic English skills. Covers the basics—in preparation for next steps. For more information please contact Rosehill reception on 01332 641315

2:30—3:00 Toy Library
An opportunity to borrow quality toys for your child, 10p per toy per week.

Tuesdays
9:30—11:30 Maths with Family learning
*Booking only*
From Family Learning. For more information please contact Rosehill reception on 01332 641315

12:30—2:30 Family Fun with English with Family Learning
*Referral Only*
Introduction to English for those with basic English skills. Covers the basics—in preparation for next steps. For more information please contact Rosehill reception on 01332 641315

2:30 – 3:00 Toy Library
An opportunity to borrow quality toys for your child, 10p per toy per week.

More information on the groups at the back of the booklet
You are welcome to breastfeed in this centre
Children’s Centre activities at other centres

**Arboretum Park**
Rosehill Street, DE23 8FZ

**Monday**
1:30—3:00 Stay and Play
A stay and play group for parents and their children under 5 with activities designed to stimulate and develop learning of children under 5 through play.
Snack is offered within this session. 50p suggested donation for snacks

**Thursday**
1:30—3:00 Stay and Play
A stay and play group for parents and their children under 5 with activities designed to stimulate and develop learning of children under 5 through play.
Snack is offered within this session. 50p suggested donation for snacks

**At Peartree Clinic**
Peartree Road, DE23 6QD

**Friday**
9:30—11:00 Stay and Play
A weekly stay and play session for parents and children to develop your child's learning and social skills.

City-wide Groups & Useful Numbers

**City-wide Groups**

**Young Parent's Group (School Holidays Only)**
Are you a young parent with a child under 5? Come along and enjoy a wide range of activities including outdoor, imaginative and creative play. You will meet other young parents, share experiences and make new friends. Please contact Lynne Jackson on 07812 300436 for more information. This group is available to anyone in the Derby City area.

**Derby Signing Families**
This group aims to provide deaf parents and carers with children under 5 (both hearing and deaf) access to a safe and welcoming environment. Parents and children have the opportunity to meet new friends, share experiences and provide mutual support. A Health Visitor comes monthly to the group with a sign language interpreter to provide a Child Health Clinic. This group is available to anyone in the Derby City area. Please text 07812 301430 for more information.

**Useful Numbers**

- 101 Police, non emergency
- 999 Emergency; Police, Fire, Ambulance
- 111 NHS, non emergency
- 01332 786968 Social Care Careline
- 01332 256483 Housing Options, for advice on housing matters
- 01332 642020 Environmental Health
- 01332 643395 Derby Advice, advice around benefits, money, debt etc,
- 0345 6000723 Universal Credit helpline.
- 01332 643900 Connections, advice for young adults
- 01332 242525 Women's Work, support around domestic violence
- 01332 341633 Derby Women's Centre
- 0300 790 0265 Drug and Alcohol Service
- 01332 641254 Livewell, support to stop Smoking
- 01332 347497 Refugee & Asylum Advice Centre
- 01332 525423 Red Cross, refugee support and advice.

You are welcome to breastfeed in this centre